

Competencies and Indicators:

DOMAIN: Personal/Social Development

*STANDARD A*

Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

*Competency PS:A1*

Acquire Self-knowledge

Indicators:

PS:A1.5 Identify and express feelings

PS:A1.6 Distinguish between appropriate and inappropriate behavior

PS:A1.9 Demonstrate cooperative behavior in groups

PS:A1.11 Identify and discuss changing personal and social roles

*Competency PS:A2*

Acquire Interpersonal Skills

Indicators:

PS:A2.2 Respect alternative points of view

PS:A2.3 Recognize, accept, respect and appreciate individual differences

PS:A2.4 Recognize, accept and appreciate ethnic and cultural diversity

PS:A2.6 Use effective communications skills

PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior

*STANDARD B*

Students will make decisions, set goals and take necessary action to achieve goals.

*Competency PS:B1*

Self-knowledge Application

Indicators:

PS:B1.3 Identify alternative solutions to a problem

PS:B1.4 Develop effective coping skills for dealing with problems

PS:B1.6 Know how to apply conflict resolution skills

PS:B1.7 Demonstrate a respect and appreciation for individual and cultural differences

*STANDARD C*

Students will understand safety and survival skills.

*Competency PS:C1*

Acquire Personal Safety Skills

Indicators:

PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help

PS:C1.6 Identify resource people in the school and community, and know how to seek their help

PS:C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy choices

PS:C1.10 Learn techniques for managing stress and conflict

PS:C1.11 Learn coping skills for managing life events